

Out & About

WHERE TO GO, WHAT TO SEE, AND HOW TO SOAK UP THE BEST OF SUMMER

| WHY NOT? |

GET THE SCOOP

In our minds, ice cream shops that have been in business for more than a century deserve historic-landmark status. Hats off to **Fentons Creamery**, in Oakland, California, which turns 125 this year. Milk from local cows is churned into every flavor, including the sublime raspberry swirl (shown). Here are three more venerable spots to scream for.



📍 NORFOLK, VIRGINIA

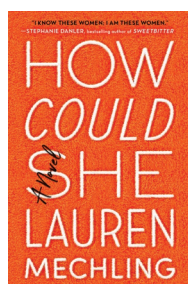
Pull up for curbside service at **Doumar's Barbecue**, and order a waffle cone—they've been hand-rolling them daily since 1904. doumars.com

📍 PHILADELPHIA

America's oldest ice cream brand, **Bassetts**, opened 158 years ago. Choose from fan favorites like salted-caramel pretzel and butter pecan. bassettsicecream.com

📍 NEW ORLEANS

You can still try the first flavor offered at **Angelo Brocato** in 1905: torroncino, a vanilla base blended with cinnamon and ground almonds. angelobrocatoicecream.com



| ON OUR BOOKSHELF |

Clear an afternoon for these engrossing reads. Memoirist Alexandra Fuller's childhood in Zambia was, she writes, "like a mash-up of a whole lot of Meryl Streep movies." **Travel Light, Move Fast** (Penguin Press) centers on her banana-farming, zebra-chasing, life-of-the-party father, and will have you laughing and crying 10 pages in. California pastry chef Nicole Rucker's **Dappled** (Avery) is a love letter to fruit-forward desserts. With ultra-vivid photos that make her layers of kishu tangerines and rhubarb pop, it's tough to single out one to try first, but we're sweet on the peach-and-ricotta biscuit cobbler. For a treat with an acerbic bite, dig into Lauren Mechling's sharply funny novel **How Could She** (Viking). It follows three ambitious friends as they rise and fall in their work and love lives—and in each other's favor. Change isn't always pretty for these women, but Mechling deftly captures the excitement and wisdom that come along with it.

| ON THE ROAD |

Blaze a Trail

Bypass the beaten path (and the herds of tourists) in these lesser-traveled corners of our national parks.

Maine

For a coastal tour of **Acadia National Park's** Schoodic Peninsula, board a catamaran in Bar Harbor and glide across the bay. You'll lay eyes on glowing slabs of sunset-hued granite and spot ospreys soaring overhead. barharborwhales.com

Wyoming

Get there on horseback, or hitch a ride in a wagon to **Yellowstone National Park's** Old West Dinner Cookout for cowboy grub (steaks and baked beans), live tunes, and a knee-slappin' good time. yellowstonenationalparklodges.com

Kentucky

Explore **Mammoth Cave National Park's** lush central region on the newly paved Echo River Springs Trail. Its glass-paneled overlooks—safe for kids and wheelchairs—offer picture-postcard views of towering oaks and maples, and the flowing waters below. nps.gov/macaca

| SECRET SOURCE |

Wild Minimalist

"I love that its products (linen bags, stainless steel lunch boxes, wooden brushes, and more) are made out of high-quality, sustainable materials, and they're beautiful, too."

—Living creative director
Abbey Kuster-Prokell
Bento bag, \$30,
wildminimalist.com.

